

# ACQUAINTANCE INFORMATION

THE DATA ON THIS CONFIDENTIAL FORM IS ESSENTIAL IF WE ARE TO RENDER THE BEST PROFESSIONAL CARE. WE APPRECIATE YOUR CO-OPERATION IN FILLING IT OUT SO WE WILL HAVE ACCURATE RECORDS. PLEASE PRINT - THANK YOU.

## PERSONAL INFORMATION

Date:					
PATIENT'S LAST NAME		FIRST NAME		PRIMARY PHONE	
HOME ADDRESS		CITY/TOWN		POSTAL CODE	
DATE OF BIRTH	D/M/Y	AGE	M or F	HEIGHT	WEIGHT
OCCUPATION		EMPLOYER		BUSINESS ADDRESS & PHONE	
EMAIL ADDRESS (used for birthday discount on our fine products—chlorella, probiotics, etc)					
<u>ALBERTA HEALTH CARE NUMBER</u>					
MARITAL STATUS		NAME OF SPOUSE		BUSINESS PHONE	
NUMBER AND AGES OF CHILDREN				BY WHOM WERE YOU REFERRED	
NAME OF EMERGENCY CONTACT & NUMBER				RELATIONSHIP	

**APPOINTMENT REMINDER INFO** *(FILL OUT IF YOU ARE INTERESTED IN RECEIVING APT. REMINDERS)*

Reminder type:    Text    Email    Calendar attachment (for smartphones)

Cell number/email address: \_\_\_\_\_

Cell service Provider: \_\_\_\_\_

Would you like to receive a reminder:

Morning of apt.       Day before apt.

*\*\* Please note these reminders are not a replacement for marking your appointments down, they are a courtesy. Please do not reply to reminders, if you want to change your appointment call the office at 320-7073) \*\**

## CHIROPRACTIC HEALTH INFORMATION

(PLEASE CIRCLE YOUR ANSWER TO EACH QUESTION, IF YES, EXPLAIN)

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE?      NO                      YES

WHEN WAS YOUR LAST VISIT? \_\_\_\_\_

NAME OF CHIROPRACTOR? \_\_\_\_\_ TOWN/CITY \_\_\_\_\_

WHY DID YOU SEEK CARE? \_\_\_\_\_ X-RAYS TAKEN?      NO      YES

\*\*\*\*\*

**MAJOR COMPLAINT**

WHERE IS YOUR MAJOR COMPLAINT? \_\_\_\_\_

DATE OF ONSET: (D) \_\_\_\_\_ (M) \_\_\_\_\_ (Y) \_\_\_\_\_

ONSET WAS: SUDDEN / GRADUAL / ASSOCIATED WITH AN EVENT

PLEASE EXPLAIN: \_\_\_\_\_

IS THIS A WORK RELATED INJURY? YES NO

IF YES, HAS YOUR EMPLOYER BEEN NOTIFIED? YES NO

IS THIS A MOTOR VEHICLE ACCIDENT? YES NO IF YES, DATE: \_\_\_\_\_

HAS THE PROBLEM BEEN: CONSTANT/INTERMITTENT/OCCASIONAL/CYCLICAL

HAVE YOU HAD THIS OR A SIMILAR CONDITION IN THE PAST? YES NO WHEN? \_\_\_\_\_

INDICATE THE PRESENT INTENSITY OF THE PAIN BY CIRCLING THE APPROPRIATE NUMBER:

(MILD) 1 2 3 4 5 6 7 8 9 10 (VERY INTENSE)

WHAT DOES THE PAIN FEEL LIKE? DULL/ACHING/BURNING/THROBBING/SHARP

OTHER: \_\_\_\_\_

WHAT ACTIVITIES AGGRAVATE YOUR CONDITION: \_\_\_\_\_

WHAT MAKES IT FEEL BETTER? \_\_\_\_\_

DOES THIS LIMIT YOUR DAILY ACTIVITIES? YES NO IF SO, WHICH ACTIVITIES ARE AFFECTED:

\_\_\_\_\_

HAVE YOU HAD XRAYS, MRI, OR OTHER TEST FOR THIS CONDITION? YES NO

IF YES, EXPLAIN: \_\_\_\_\_

HAVE YOU SEEN OTHER PRACTITIONERS FOR THIS CONDITIONS? YES NO

IF YES, EXPAIN: \_\_\_\_\_

**SECONDARY COMPLAINT (IF APPLICABLE)**

WHERE IS YOUR SECONDARY COMPLAINT? \_\_\_\_\_

DATE OF ONSET: (D) \_\_\_\_\_ (M) \_\_\_\_\_ (Y) \_\_\_\_\_

INDICATE THE PRESENT INTENSITY OF THE PAIN BY CIRCLING THE APPROPRIATE NUMBER:

(MILD) 1 2 3 4 5 6 7 8 9 10 (VERY INTENSE)

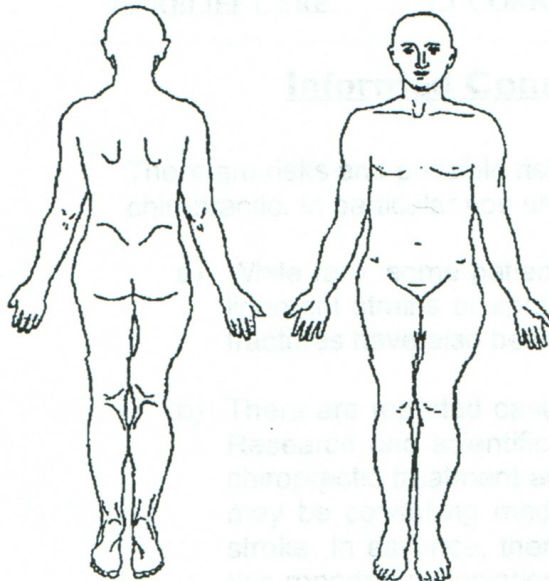
WHAT DOES THE PAIN FEEL LIKE? DULL/ACHING/BURNING/THROBBING/SHARP

OTHER: \_\_\_\_\_

WHAT ACTIVITIES AGGRAVATE YOUR CONDITION? \_\_\_\_\_

WHAT MAKES IT FEEL BETTER? \_\_\_\_\_

**Please outline in the diagram the area of your discomfort:**



**HEALTH HISTORY**

PLEASE LIST ANY SURGICAL OPERATIONS & THE YEARS THEY WERE PERFORMED? \_\_\_\_\_

NAME OF FAMILY DOCTOR: \_\_\_\_\_

LIST ALL MEDICATIONS, OVER THE COUNTER & PRESCRIPTIONS, SUPPLEMENTS, VITAMINS, HERBAL SUPPORTS, ASPIRIN, ETC.: \_\_\_\_\_

ARE YOU PRESENTLY UNDER THE CARE OF A PHYSIOTHERAPIST? NO YES

IF YES, WHO? \_\_\_\_\_

ARE YOU PRESENTLY SEEING A NATUROPATH OR HOMEOPATHIC DOCTOR? NO YES

IF YES, WHO? \_\_\_\_\_

ARE YOU PRESENTLY UNDER THE CARE OF A MASSAGE THERAPIST? NO YES

IF YES, WHO? \_\_\_\_\_

For patients being co-managed within Power Health, please initial here to give your consent for consultation between practitioners regarding the management of your case. \_\_\_\_\_

DO YOU SMOKE? NO YES IF YES, HOW MANY PER DAY? \_\_\_\_\_ FOR HOW LONG? \_\_\_\_\_

HOW DO YOU SLEEP? ON BACK ON SIDE ON STOMACH A COMBINATION

HAVE YOU EVER BEEN IN AN AUTO ACCIDENT? NO YES DATE(S): \_\_\_\_\_

DESCRIBE: \_\_\_\_\_

HAVE YOU HAD ANY OTHER PERSONAL INJURY? PAST YEAR PAST 5 YEARS OVER 5 YEARS

PLEASE DESCRIBE: \_\_\_\_\_

INTERESTS/HOBBIES: \_\_\_\_\_

Below is a list of conditions which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall diagnosis, treatment plan and possibility of being accepted for care. Please indicate if you've had any of the following in your lifetime by checking the appropriate box:

- |  |   |  |  |  |
|--|---|--|--|--|
| <input type="checkbox"/> Appendicitis  | <input type="checkbox"/> Malaria        | <input type="checkbox"/> Chicken Pox   | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Rheumatic fever |
| <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Tuberculosis   | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Polio                   | <input type="checkbox"/> Mumps           |
| <input type="checkbox"/> Diphtheria    | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer        | <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Influenza       |
| <input type="checkbox"/> Typhoid Fever | <input type="checkbox"/> Anemia         | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Small Pox       |
| <input type="checkbox"/> Pneumonia     | <input type="checkbox"/> Measles        | <input type="checkbox"/> Goiter        | <input type="checkbox"/> Psychological Disorders |  |

IN YOUR FAMILY, IS THERE A HISTORY OF SERIOUS DISEASE? EXPLAIN: \_\_\_\_\_

Cont'd 

Below is a list of conditions which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall diagnosis, treatment plan, and possibility of being accepted for care.

**UNDERLINE** ANY CONDITIONS THAT ARE **PRESENTLY** CAUSING YOU A PROBLEM, **CHECK ANY** CONDITIONS WITHIN THE **LAST 6 MONTHS**:

### GENERAL SYMPTOMS

- Fever
- Sweats
- Fainting
- Sleep Disturbance
- Fatigue
- Nervousness
- Weight Loss
- Weight Gain

### RESPIRATORY

- Chronic Cough
- Spitting Up Phlegm
- Spitting Up Blood
- Chest Pain
- Wheezing
- Difficulty Breathing
- Asthma

### GENITOURINARY

- Frequent Urination
- Painful Urination
- Blood In Urine
- Pus In Urine
- Kidney Infection
- Prostate Trouble
- Uncontrollable Urine Flow

### NEUROLOGICAL

- Visual Disturbance
- Dizziness
- Fainting
- Convulsions
- Headache
- Numbness
- Neuralgia (Nerve Pain)
- Poor Coordination
- Weakness

### CARDIOVASCULAR

- Rapid Beating Heart
- Slow Beating Heart
- High Blood Pressure
- Low Blood Pressure
- Pain Over Heart
- Hardening Of Arteries
- Swollen Ankles
- Poor Circulation
- Palpitation
- Cold Hand or Feet
- Varicose Veins

### GASTROINTESTINAL

- Poor Appetite
- Difficult Digestion
- Heartburn
- Ulcers
- Nausea
- Vomiting
- Constipation
- Diarrhea
- Blood In Stool
- Gallbladder/Jaundice
- Colitis

### EYES, EARS, NOSE, THROAT

- Eye Pain
- Double Vision
- Ringing In Ears
- Deafness
- Nosebleeds
- Trouble Swallowing
- Hoarseness
- Sinus Infection
- Nasal Drainage
- Enlarged Glands

### MUSCLE & JOINT

- Neck Pain
- Low Back Pain
- Pain Between Shoulders
- Elbow Pain
- Hand Pain
- Wrist Pain
- Shoulder Pain
- Knee Pain
- Foot/Ankle Pain
- Pain/Numbness Down Arms or Legs
- Swollen Joints
- Spinal Curvature
- Arthritis
- Fractures
- Difficult Chewing/Clicking Jaw

### FOR WOMEN ONLY

- Painful Menstruation
- Hot Flashes
- Irregular Cycle
- Cramps Or Back Pain
- Vaginal Discharge
- Nipple Discharge
- Lumps In Breast
- Menopausal Symptoms
- Birth Control Pills
- Miscarriages
- Complications With Pregnancy
- Pregnant? Y / N Week?
- Other: