

# ACQUAINTANCE INFORMATION

THE DATA ON THIS CONFIDENTIAL FORM IS ESSENTIAL IF WE ARE TO RENDER THE BEST PROFESSIONAL CARE. WE APPRECIATE YOUR CO-OPERATION IN FILLING IT OUT SO WE WILL HAVE ACCURATE RECORDS. PLEASE PRINT - THANK YOU.

## PERSONAL INFORMATION

Date:					
PATIENT'S LAST NAME		FIRST NAME		PRIMARY PHONE	
HOME ADDRESS		CITY/TOWN		POSTAL CODE	
DATE OF BIRTH	D/M/Y	AGE	M or F	OCCUPATION	BUSINESS PHONE
EMPLOYER			BUSINESS ADDRESS		
MARITAL STATUS	NAME OF SPOUSE		OCCUPATION	BUSINESS PHONE	
WHO IS LEGALLY RESPONSIBLE FOR THIS ACCOUNT?				BY WHOM WERE YOU REFERRED	
NUMBER AND AGES OF CHILDREN					
<u>ALBERTA HEALTH CARE NUMBER</u>					

**APPOINTMENT REMINDER INFO** *(FILL OUT IF YOU ARE INTERESTED IN RECEIVING APPT REMINDERS)*

Reminder type:     Text     Email

Cell number/email address: \_\_\_\_\_

Cell service Provider: \_\_\_\_\_

Would you like to receive a reminder:

Morning of appt       Day before appt

*\*\* Please note these reminders are not a replacement for marking your appointments down, they are a courtesy. Please do not reply to reminders, if you want to change your appointment call the office at 320-7073) \*\**

## CHIROPRACTIC HEALTH INFORMATION

(PLEASE CIRCLE YOUR ANSWER TO EACH QUESTION, IF YES, EXPLAIN)

HAVE YOU HAD PREVIOUS CHIROPRACTIC CARE?    NO                      YES

WHEN WAS YOUR LAST VISIT? \_\_\_\_\_

NAME OF CHIROPRACTOR? \_\_\_\_\_ TOWN/CITY \_\_\_\_\_

WHY DID YOU SEEK CARE? \_\_\_\_\_ X-RAYS TAKEN?    NO      YES

\*\*\*\*\*

**MAJOR COMPLAINT**

WHERE IS YOUR MAJOR COMPLAINT? \_\_\_\_\_

DATE OF ONSET: (D) \_\_\_\_\_ (M) \_\_\_\_\_ (Y) \_\_\_\_\_

ONSET WAS: SUDDEN / GRADUAL / ASSOCIATED WITH AN EVENT

PLEASE EXPLAIN: \_\_\_\_\_

HOW LONG HAVE YOU HAD THIS CONDITION? \_\_\_\_\_ MINUTES/HOURS/DAYS/MONTHS/YEARS

HAS THE PROBLEM BEEN: CONSTANT/INTERMITTENT/OCCASIONAL/CYCLICAL

INDICATE THE PRESENT INTENSITY OF THE PAIN BY CIRCLING THE APPROPRIATE NUMBER:

(MILD) 1 2 3 4 5 6 7 8 9 10 (VERY INTENSE)

WHAT DOES THE PAIN FEEL LIKE? DULL/ACHING/BURNING/THROBBING/SHARP

OTHER: \_\_\_\_\_

WHAT ACTIVITIES AGGRAVATE YOUR CONDITION: \_\_\_\_\_

WHAT MAKES IT FEEL BETTER? \_\_\_\_\_

DOES THIS LIMIT YOUR DAILY ACTIVITIES? YES NO IF SO, WHICH ACTIVITIES ARE AFFECTED

HAVE YOU HAD THIS OR A SIMILAR CONDITION IN THE PAST? YES NO WHEN? \_\_\_\_\_

**SECONDARY COMPLAINT (IF APPLICABLE)**

WHERE IS YOUR SECONDARY COMPLAINT? \_\_\_\_\_

DATE OF ONSET: (D) \_\_\_\_\_ (M) \_\_\_\_\_ (Y) \_\_\_\_\_

INDICATE THE PRESENT INTENSITY OF THE PAIN BY CIRCLING THE APPROPRIATE NUMBER:

(MILD) 1 2 3 4 5 6 7 8 9 10 (VERY INTENSE)

WHAT ACTIVITIES AGGRAVATE YOUR CONDITION? \_\_\_\_\_

WHAT MAKES IT FEEL BETTER? \_\_\_\_\_

**HEALTH HISTORY**

PLEASE LIST ANY SURGICAL OPERATIONS: \_\_\_\_\_

AND THE YEARS THEY WERE PERFORMED: \_\_\_\_\_

NAME OF FAMILY DOCTOR: \_\_\_\_\_

ARE YOU CURRENTLY TAKING:

BIRTH CONTROL PILLS	INSULIN	MUSCLE RELAXANTS	NERVE PILLS
PAIN KILLERS	VITAMINS	TRANQUILIZERS	
PEP PILLS	OTHER MEDICATIONS: _____		

ARE YOU PRESENTLY UNDER THE CARE OF A PHYSIOTHERAPIST? NO YES

IF YES, WHO? \_\_\_\_\_

ARE YOU PRESENTLY SEEING A NATUROPATH OR HOMEOPATHIC DOCTOR? NO YES

IF YES, WHO? \_\_\_\_\_

ARE YOU PRESENTLY UNDER THE CARE OF A MASSAGE THERAPIST? NO YES

IF YES, WHO? \_\_\_\_\_

For patients being co-managed within Power Health, please initial here to give your consent for consultation between practitioners regarding the management of your case. \_\_\_\_\_

DO YOU SMOKE? NO YES IF YES, HOW MANY PER DAY? \_\_\_\_\_ FOR HOW LONG? \_\_\_\_\_

HOW DO YOU SLEEP? ON BACK ON SIDE ON STOMACH A COMBINATION

HAVE YOU EVER BEEN IN AN AUTO ACCIDENT? NO YES DATE(S): \_\_\_\_\_

DESCRIBE: \_\_\_\_\_

HAVE YOU HAD ANY OTHER PERSONAL INJURY? PAST YEAR PAST 5 YEARS OVER 5 YEARS

PLEASE DESCRIBE: \_\_\_\_\_

INTERESTS/HOBBIES: \_\_\_\_\_

Below is a list of conditions which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall diagnosis, treatment plan and possibility of being accepted for care. Please indicate if you've had any of the following in your lifetime by checking the appropriate box:

- |  |   |  |  |  |
|--|---|--|--|--|
| <input type="checkbox"/> Appendicitis  | <input type="checkbox"/> Malaria        | <input type="checkbox"/> Chicken Pox   | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Rheumatic fever |
| <input type="checkbox"/> Scarlet Fever | <input type="checkbox"/> Tuberculosis   | <input type="checkbox"/> Diabetes      | <input type="checkbox"/> Polio                   | <input type="checkbox"/> Mumps           |
| <input type="checkbox"/> Diphtheria    | <input type="checkbox"/> Whooping Cough | <input type="checkbox"/> Cancer        | <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Influenza       |
| <input type="checkbox"/> Typhoid Fever | <input type="checkbox"/> Anemia         | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Epilepsy                | <input type="checkbox"/> Small Pox       |
| <input type="checkbox"/> Pneumonia     | <input type="checkbox"/> Measles        | <input type="checkbox"/> Goiter        | <input type="checkbox"/> Psychological Disorders |  |

IN YOUR FAMILY, IS THERE A HISTORY OF SERIOUS DISEASE? EXPLAIN: \_\_\_\_\_

Below is a list of conditions which may seem unrelated to the purpose of your appointment. However, these questions must be answered carefully as these problems can affect your overall diagnosis, treatment plan, and possibility of being accepted for care.

CHECK ANY OF THE FOLLOWING YOU **HAVE OR HAVE HAD** IN THE PAST 6 MONTHS:

**MUSCLO-SKELETAL CODE:**

- Ankle Pain
- Knee Pain
- Low Back Pain
- Pain Between Shoulders
- Neck Pain
- Shoulder Pain
- Wrist Pain
- Elbow Pain
- Difficult/ Chewing/Clicking Jaw

**NERVOUS SYSTEM CODE**

- Numbness
- Paralysis
- Dizziness
- Forgetfulness
- Confusion
- Depression
- Fainting
- Convulsions
- Cold/Tingling Extremities

**GENERAL CODE**

- Allergies
- Loss of Sleep
- Fever
- Headaches

**GASTRO-INTESTINAL CODE**

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver Trouble
- Gall Bladder Problems

**FEMALES ONLY:**

When was your last period? \_\_\_\_\_  
 Are you pregnant?  YES  NO  MAYBE

- Weight Changes
- Abdominal Cramps
- Gas/Bloating After Meals
- Heartburn
- Black/Bloody Stool
- Colitis

**GENITO-URINARY CODE**

- Bladder Trouble
- Painful/Excessive Urination
- Discoloured Urine

**C-V-R CODE**

- Chest Pain
- Short Breath
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling

**EENT CODE**

- Vision Problems
- Dental Problems
- Sore Throat
- Ear Aches
- Hearing Difficulty
- Stuffed Nose

**MALE/FEMALE CODE**

- Menstrual Irregularity
- Menstrual Cramping
- Vaginal Pain/Infections
- Breast Pain/Lumps
- Prostate/Sexual Dysfunction
- Genital Herpes

Please outline in the diagram the area of your discomfort:

